

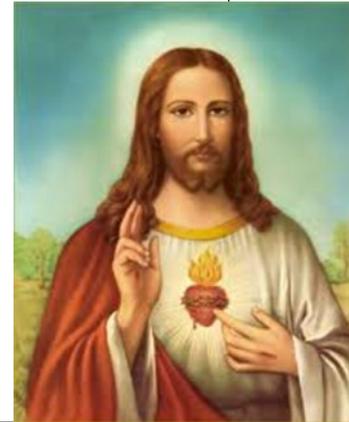
**THE OBLIGATION OF SUNDAY MASS.:** The obligation to attend Mass on Sundays and on holidays of obligation (or the Vigil Mass the evening before) is the way we are to keep holy the Day of the Lord, the minimum we should do. This duty does not apply if we are physically incapable of attending Mass, such as when we are in hospital or when there is a real moral impossibility of attending, eg where someone could reach the church physically, but would put their health or that of others at serious risk; hence to does not bind strictly in the pandemic. Hence, a person should not come to church if they have the virus, are very ill or compromised in their health, or cannot risk exposing relatives in such a condition to real added danger. Those unable to come to Mass should follow Mass on the television or radio until they are able to come in person. However, if people can go to the supermarket, to work, etc., then they can and should come to Mass. People are better protected in our churches than they are in many shops or even on public transport, in that sanitising is more frequent, distancing more secure, and masks are worn by most.

**INSPECTIONS: Health & Safety next Wed. pm (SK) and Thurs. am (SP).** Food, (SK) and Electrical (SP) still due; no news yet.

**FOOD BANK SPILSBY:** An appeal for items for the Food Bank: long-life milk, sugar and tinned meat, fish, baked beans, spaghetti, and rice pudding would be especially welcome. Please, help, if you can.

**LENT:** We are asked to assume a Lenten penance, something we will do every day and, for other things, every week of Lent to remind us to combat sin each day and so grow in holiness as Our Lord's faithful disciples. I suggest adopting some prayers to say each day and perhaps one practical gesture, something we can do, nothing excessive and especially nothing to compromise health. The books 'Walk with Me' may help daily prayer. The Lenten journey calls us to grow in holiness and in love.

God bless. Fr. G.J. Woodall.



**Sacred Heart, Skegness**  
 22, Grosvenor Road, Skegness. PE25 2DB and  
**Our Lady and the English Martyrs, Spilsby**  
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 Parish Priest: Fr. George Woodall  
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Day	Date	Time	Place	Liturgical Calendar	Mass Intention
Saturday	5	6.00pm	SK	(Vigil)	Fr. W. O'Dowd, RIP
Sun.	6	9.00am 11.00am 3.15pm	SP SK	1st Sunday of Lent - C (Polish)	Fr Adrian Chatterton RIP People of the Parish (Stations of the Cross at 10.20am)
Mon.	7	10.00am	SK	Feria.	Canon Victor Key RIP
Tues.	8	9.45am 12 noon	SK SP	Feria	Adoration Fr. Eamonn O'Hara RIP
Wed.	9	10.00am 7.00pm	SK SP	Feria	Fr. Terence Makings RIP Private int.
Thurs.	10	6.00pm	SK	Feria	Father of Lucynya Webb, RIP
Fri.	11	5.15 pm 6.00pm 6.00pm	SK SK SP	Feria (OL & EM)	Stations of the Cross Stations of the Cross
Sat.	12	6.00pm	SK	(Vigil)	
Sun.	13	9.00am 11.00am 3.15pm 4.30pm	SP SK SK	2nd Sunday of Lent - C (Polish) (Tridentine)	People of the Parish P (Stations of the Cross at 10.20am)

**LATEST UP-DATE ON COVID. REGULATIONS:** From the beginning of March the advice from the Bishops' Conference, in the light of the easing of restrictions from the government, is that **1. Sanitisers are to be available for all entering and leaving the church. 2. Masks may be worn by those who wish; it is encouraged during singing. 3. Social distancing is no longer needed; churches should operate up to full capacity in churches. 4. Holy communion is to be distributed still only under one kind, the priest or minister wearing a mask during its distribution, sanitising their hands before doing so.** Clearly, if anyone contracts Covid, they should isolate themselves and not come to Mass and the same advice goes for anyone who is a contact.

**SACRAMENT OF RECONCILIATION:** We are encouraged to resume this important sacrament, especially in Lent, recognising that people may have been discouraged from availing themselves of it because of Covid. **CONFESSIONS:** SK Sat. 5.30 - 5.55 p.m. SP before Mass on Sundays and on Tuesdays (Lady Chapel) up to five minutes before the beginning of Mass.

**DIOCESAN LOURDES PILGRIMAGE:** 4th-8th July: see 'www.tangey-tours.com/nottingham' and Fr. Simon Gillespie (simon.gillespie@dioceseofnottingham.uk).

**PRAYERS FOR THE UKRAINE:** We keep in our prayers the people of the Ukraine and all affected by the conflict. There will be a special Mass in the Deanery on Wednesday, 16th March, at Stamford at 7.00pm, preceded by adoration and confessions. Not all can manage that; there will be Masses on Friday, 18th March, in each of the parishes, preceded by Stations of the Cross, for peace in the Ukraine. In this parish, I shall say Mass in Spilsby on Wed. 16th at 7.00pm and in Skegness on Fri. 18th at 6.00pm, in harmony with both initiatives.

**SPECIAL SECOND COLLECTION FOR UKRAINE next week:** postponing CAFOD Family Fast Day for a week. **STATIONS OF THE CROSS:** Fri.6.00pm (OL & EM), 5.15pm (SK) and Sun. 10.20 (SK).

**REPOSITORY:** On sale booklets 'Walk with Me' and also large print 'Stations of the Cross' to help us to pray daily in Lent.

God bless Fr. G.J. Woodall.

**DRAFT DIOCESAN RESPONSE TO THE SYNOD:** see back of church or website. Any comments should be sent to the diocesan coordinators, Fr. David Cain (david.cain@dioceseofnottingham.uk) or to Joe Hopkins (joe.hopkins@dioceseofnottingham.uk). by 19th March. **'DIOCESAN ROAD SHOW':** 31st March, St. Mary's Boston, 7.00-8.30 p.m., on changes proposed in the diocese. **GREEN TABERNACLE VEIL:** This tabernacle veil arrived at the end of last week; providing a veil in the only colour missing at Sacred Heart. A donation kindly offered by a member of the Polish community, received into full communion with the Catholic Church, covered the cost of this. I thanked the Polish community for this gift, also a sign of their participation in and contribution to the parish community, at the beginning of the Polish Mass last Sunday afternoon. Fr. Stanislaw Kowalski blessed the veil and placed it on the tabernacle for the celebration of Mass. It will be after Pentecost now when we return to green for the liturgy, but many thanks once more for this. **RITE OF ELECTION:** Cathedral, Sunday, 6th March, Bishop Patrick, joined by the Apostolic Nunzio, Archbishop Claudio Gugerotti, will celebrate this rite of electing or enrolling the names of those preparing for baptism (catechumens) and those preparing for reception into full communion with the Catholic Church (candidates) at the Easter Vigil; it is a sign of their becoming (more fully) part of the community of the Church in our diocese. In our parish we pray throughout Lent for Adrian Topliss, who will be received into full communion at the Easter Vigil.

Collection:	Skegness	Spilsby	<b>INCOME: 27th Feb, 2022.</b>	
				<b>TOTAL:</b>
Gift Aid:	£ 0-00	£ 95-00	=	£ 95-00
Loose:	£ 96-75	£ 11-00	=	£107-75
Total:	£ 96-75	£106-00	=	£112-75
<b>Other:</b>	Repository :	£19-00	=	<b>£ 19-00</b>
				<b>TOTAL: £131-75.</b>

Thank you very much.