THE BLESSED TRINITY. Referring to "the ancient Tradition and the doctrine and the faith of the Catholic Church, which ... the Lord handed down, the Apostles preached and the Fathers preserved", St. Athanasius wrote: "The Trinity, which is recognised in the Father, the Son and the Holy Spirit, is holy and perfect, having no adulteration of that which is foreign or external. It is not made of creator and created matter, but is endowed with the complete power of creating and giving energy; in its nature it is one and the same, undivided, and in giving life and in its activity it is one. For the Father makes all things through the Word in the Holy Spirit, and in that way the unity of the Trinity is preserved. Thus, in the Church One God is preached, who is 'above all things, through all things and in all things' ..., above all things as the Father, the first principle and origin, through all things, through the Word, and in all things in the Holy Spirit." (St. Athanasius, A Letter, *Divine Office*, III, pp. 11-12).

THE ANGELUS.

The angel of the Lord declared unto Mary.

AND SHE CONCEIVED BY THE HOLY SPIRIT

Hail Mary ... HOLY MARY ...

Behold the handmaid of the Lord.

BE IT DONE UNTO ME ACCORDING TO YOUR WORD.

Hail Mary ... HOLY MARY ...

And the Word was made flesh.

AND DWELT AMONG US.

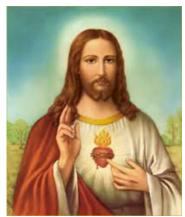
Hail Mary ... HOLY MARY ...

Pray for us, O holy Mother of God,

THAT WE MAY BE MADE WORTHY OF THE PROMISES OF CHRIST.

Let us pray. Pour forth, we beseech You, O Lord, Your grace into our hearts, that we, to whom the Incarnation of Christ, Your Son, was made known by the message of an angel, may, through His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ, our Lord, Amen.

God bless you all. Fr. G.J. Woodall.



Sacred Heart, Skegness

22, Grosvenor Road, Skegness. PE25 2DB and Our Lady and the English Martyrs, Spilsby

Church St., Spilsby, PE23 5EF

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no 7151646 Registered office: 1, Castle Quay NG7 1FW

Day	Date	Time	Pla	8	Ex. 34:4-9; Dn. 3; 2 Cor. 13:11-13; Jn. 3:16-18. p. 403 Mass Intention
Saturday	3	6.00pm	SK	Vigil	Fr. Bill Walsh, RIP
Sun.	4	9.00am 11.00am 3.15pm	SP SK SK	(Polish)	People of the Parish Robert Watson, RIP
Mon.	5	10.00am	SK	St. Boniface	Private int.
Tues.	6	9.45am 12.00noon	SK SP	Feria	Adoration Fr. Woodall's ints.
Wed.	7	10.00am 7.00pm	SK SP	Feria	Angela Calderón's mother, RIP Special int. (M. Flynn)
Thurs.	8	(11.00am) 6.00pm		Feria (Grantham)	Canon M. Bell 60th anniversary of priestly ordination In thanksgiving for welfare
.Fri.	9	6.00pm	SK	St. Columba (Colm Cille)	In thanksgiving for welfare
Sat.	10	6.00pm	SK	Vigil	People of the Parish
Sun.	11	9.00am 11.00am 9.00am 4.30pm	SK SK	Corpus Christi - A (Polish) (Tridentine)	Ist Communion children Rita & Tommaso Dalla Pi- azza, RIP Fr. Andy Murdoch, RIP

PLEASE PRAY FOR: Tasnee Daravilset, Geoff Lambourne, Les Turek, Alan Rush, Margaret Underwood, Ralph Booth and others who are sick, and for Lesley Ward, who has died - may she rest in peace.

FIRST HOLY COMMUNION NEXT SUNDAY: We pray especially in this week for Aleksandra, Freya, Eloise and Nicholas, making their first Holy Communion next week, 11th June, the Sunday of Corpus Christi. They will receive Our Lord Himself into their souls for the first time. We congratulate them and their families. We pray that their faith in Jesus may grow always stronger, and that they may follow Him always throughout their lives

TALKS ON THE FAITH: Mon. 10.45am (SK).

GIFT FROM JANET & PATRICK DOYLE to our church in Spilsby - '1535 The Breaking of the Storm - 1935'"This beautiful picture has been specially painted by Dom Pedro Subercaseaux, OSB, of Quarr Abbey to commemorate the fourth centenary of the first martyrdoms in the Reformation storm which wrecked old Catholic England. Seen through the archway is the White Tower, the central keep of the Tower of London, in which Blessed John Fisher and Blessed Thomas More were imprisoned at the time when the scene of our picture occurred. Blessed Thomas More, looking out of his cell window actually witnessed it and commented to his daughter, Margaret, on the cheerfulness with which the Reformation Proto-Martyrs faced their death. The date was 4th May, 1535. In the centre of the group are the three Carthusian priors, in their cream-coloured habits, Blessed John Houghton of the London Charterhouse, Blessed Lawrence of Beauvale, Nottinghamshire, and Blessed Augustine Webster of Axholme, Lincolnshire. To the right of the Carthusians are two priests in black. The first is Blessed John Haile of Isleworth and previously of Chelmsford, Proto-martyr of the diocesan clergy. Next to him, his habit marked with a red cross, is Blessed Richard Reynolds, Brigittine monk of Syon Abbey, Middlesex. They are about to be tied to the hurdles, one of which is in the foreground, in which they were dragged to Tyburn, where they were hanged, drawn and quartered. Their sole offence was that they refused to acknowledge Henry VIII as the only supreme head of the Church in England. The artist was well-known in Europe and America for his skill as a watercolour painter before he became a monk.

THE HALL: open for teas and coffees after 11.00 a.m. Mass. GIFT AID: This is a way for us to earn extra money on your offerings...it's free money from the government. For every £1 that you donate we can claim 25p back from the government this is crucial money because it goes towards the running cost of both churches. We were able to claim back £5,763 in 2021 which was critical in keeping both churches running. If you work or have a pension where you pay income tax and you haven't yet signed up to gift aid, then please think about it and sign up today. There are forms at the back of church, for you to fill in and return to Jacinta or me. If you want to discuss it first, then talk to Jacinta or email her on jacintalewis21@aol.com. FOOD BANKS: in Spilsby and in Sacred Heart (via The Storehouse, Skegness, for those in need (tinned and other NONPERISHABLE foods). Thank you for your help. AUDITING OF PARISH ACCOUNTS: Our sincere thanks to Jacinta for keeping our accounts in excellent order. They have been audited and approved without any problem, and will be presented to the parish shortly. LETTER OF THANKS FROM BISHOP: to all who helped prepare and celebrate the Confirmations in Spilsby last month and especially to those confirmed - see notice board. OUR SINCERE THANKS: to Jim, Adrian & Cathy, & to the 12 members of the Polish community who worked so hard clearing the grounds in the week.

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Collection: Skegness Spilsby
                                Total INCOME: 28th May, 2023.
 Gift Aid:
             £ 15-00
                       £90-00
                                £105-00
 Loose:
             £285-51
                       £31-00
                                £316-51
 Total:
             £300-51 £121-00 £421-51
                                                     = £421-51.
 Other: Repository: £34-94 (SK) £23-58 (SP) = £58-52
         Mass offerings:
                                             £70-00
         Stole fee:
                                            £150-00
Teas & coffees (May):£117-83 (SK) £53-21 (SP) = £171-04 = £449-56.
          Many thanks.
                                     TOTAL:
                                                    = £871-07.
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