

Some Biblical Pointers for Lent.

"Repent and believe the Good News." (Mk. 1:14-15)

"It was God who reconciled Himself to us through Christ and gave us the work of handing on this reconciliation ... and the appeal we make in Christ's name is 'Be reconciled to God' ". (2 Cor 5: 18, 20).

But now, now, it is the Lord who speaks, come back to me with all your heart, fasting, weeping, mourning.
Let your hearts be broken, not your garments torn;
turn to the Lord, your God again,
for He is all tenderness and compassion,
slow to anger, rich in graciousness, and ready to relent.
Who knows if He will not turn again, will not relent,
will not leave a blessing as He passes;
oblation and libation for the Lord your God?
Sound the trumpet in Zion;
order a fast; proclaim a solemn assembly,
call the people together, summon the community,
gather the children, even the infants at the breast.
Let the bridegroom leave his bedroom and the bride her alcove.
Between altar and vestibule, let the priests,
the ministers of the Lord, lament.
Let them say: 'Save Your people, Lord. Do not make Your heritage a thing of shame, a by-word for the nations. Why should it be said among the nations: 'Where is their God?' (Joel 2:12-17).

"My people are diseased through their disloyalty ... Ephraim, how could I part with you. Israel, how could I give you up? ... My heart recoils from it, my whole being trembles at the thought. I will not destroy Ephraim again, for I am God, not man, I am the Holy One in your midst and have no wish to destroy (Hos. 11: 7-10).

Israel, come back to the Lord, your God ... What has Ephraim to do with idols any more, when it is I who hear his prayer and care for him? ... For the ways of the Lord are straight and virtuous men walk in them, but sinners stumble." (Hos. 14:1, 9-10).

God bless you all.

Fr. G.J. Woodall.



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Day	Date	Time	Place	Liturgical Calendar 6 th Sunday of Ordinary Time – B	Lev 13:1-2, 44-46; 1Cor 10:31-11.1; Mk. 1:40-45. p. 713. Mass Intention
Sat.	10	6.00pm	SK	Vigil	People of the Parish
Sun.	11	9.00am 11.00am 3.15pm 4.30pm	SP SK SK SK	(Polish) (Tridentine)	Sick of the Parish John & Sophia Corrigan, RIP Private int.
Mon.	12	10.00am	SK	Feria	Vicky Winter – ill
Tues.	13	9.45am 12.00noon	SK SP	Feria	Adoration November Dead List
Wed.	14	10.00am 12.00noon 7.00pm	SK SP SK	Ash Wednesday	Julie Tomey, RIP p. 107. Rosza Urban, RIP People of the Parish
Thurs.	15	10.00am	SK	Feria	Mike Ward & family
Fri.	16	6.00pm 5.15pm 6.00pm	SP SK SK	Our Lady & EM Feria	Stations of the Cross Stations of the Cross November Dead List
Sat.	17	6.00pm	SK	Vigil	November Dead List
Sun.	18	9.00am 11.00am 3.15pm	SP SK SK	1st Sun. of Lent B (Polish)	People of the Parish Elvira Correia Borges da Fonte, RIP

PLEASE PRAY FOR: Kevin Colley, Alan Rush, Clare Sykes, Lyn Crawford, Cath Benton, Teresa Proom, Mgr. Brian Dazeley, and all in the parish who are sick. **MASS FOR THE SICK:** today, Sat./Sun., 10th-11th February (11th would have been the feast of Our Lady of Lourdes), the Sacrament of the Anointing of the Sick will be administered to the sick of the parish at the Masses (and will be brought to those sick who cannot come to church in the days before and after those dates). This sacrament is to be given to those Catholics who have received all of the sacraments of initiation (Baptism, Confirmation and Holy Communion) and who are in danger of death, have become seriously ill or who suffer from an underlying serious condition, or who have become infirm through age. **RECEPTION INTO FULL COMMUNION WITH THE CATHOLIC CHURCH:** I am very pleased to say that we have six candidates this year (Linda Arger, Philip Hudson, Julian Day, Charlotte Dunn, Paul Mobbs and Fraser Rush), who will be received into full communion, will be confirmed and will receive their first holy communion at the Easter Vigil. I ask all of our community to pray especially for them all, to support them in the final stages of their journey, especially during Lent. **PREPARATION FOR LENT:** Lent begins this week on Ash Wednesday. We should each choose a penance, which we will perform each day and perhaps also each week, giving up something such as drink or sweets, saying some additional prayers, coming to a week-day Mass, coming to the stations of the Cross each Friday, doing some work of charity, etc. To mark Lent as a penitential season, in which we try to prepare ourselves spiritually to celebrate Holy week and the central mysteries of our faith at the Easter Triduum (Holy Thursday, Good Friday, Holy Saturday), the beginning and the end are marked by fasting and abstinence on Ash Wednesday and Good Friday. Fasting obliges all from 18 until their 60th year (unless they are ill), to eat just one main meal that day, with a light collation otherwise; abstinence from meat obliges those over 14. Booklets for prayer and reflection during Lent, ('Walk with me' for Lent, 2024) are available at £1-00 each. **WORKS IN PROGRESS:** Handrails to the ramps outside Sacred Heart church and hall and by the new concrete path to the hall, and a new boiler house door are being installed. After bleeding the radiators, the church boiler in Spilsby has been checked, so the heating should be more efficient. **STATIONS OF THE CROSS:** 5.15pm (SK); 6.00pm SP, alternating between our church and ST. James's – this week our church.

MANY THANKS: for a very generous donation of £500-00 (Spilsby), to go to the cost of new Lectionaries there later this year. **GIFT AID:** This is a way for us to earn extra money on your offerings...it's free money from the government. For every £1 that you donate we can claim 25p back from the government this is crucial money because it goes towards the running cost of both churches. We were able to claim back £5,763 in 2021 which was critical in keeping both churches running. If you work or have a pension where you pay income tax and you haven't yet signed up to gift aid, then please think about it and sign up today. There are forms at the back of church, for you to fill in and return to Jacinta or me. If you want to discuss it first, then talk to Jacinta or email her on jacintalewis21@aol.com. **FOOD BANKS:** in Spilsby and in Sacred Heart (via The Storehouse, Skegness, for those in need (tinned and other NONPERISHABLE foods). Thank you for your help. **TEAS & COFFEES:** after Mass on Sundays.

TALKS ON THE FAITH: on 'Discipleship of Christ' (love of God & neighbour, ten commandments of God, Church teaching on moral life, Vat. II '*Gaudium et spes*' – Joy and hope). Normally we shall meet as follows: SK Mon. 10.45-11.45 (point 2), Tues. 6.30-7.30pm every other week (we meet THIS week); SP Thurs 12.00 noon-1.00pm (points 1-2).

1. Human action and moral responsibility
2. Conscience, formation, judgment of conscience
3. Commandments 1-3: Love of God; duties towards God
4. 4th Commandment Family, society, authority, common good
5. 5th Commandment: Life & health; murder, violence
6. 6th & 9th Commandments: sexuality, marriage, celibacy
7. 7th & 10th Commandments: goods of the earth, property, use/ access to
8. 8th Commandment: truth, lying, communication & society.

INCOME:

COLL.	SK	SP	Total	4 th Feb., 2023.
Gift Aid:	£	£ 80-00	= £ 80-00	
Loose:	£	£ 48-00	= £ 48-00	
Total:	£	£128-00	= £128-00	= £128-00.
OTHER: Repository:		£ 29-20		
Donation (SP):		£500-00		
Teas & coffees (Jan.):		£ 42-45		
Total:		£571-65		= £571-65.
Many thanks.			Overall Total:	= £699-65.